



BLACK FOREST PRIMARY SCHOOL



Newsletter

Term 1 Week 10 No. 5 – 3rd April 2020

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Government of South Australia
Department for Education

IMPORTANT NOTICE

BFPS OSHC

AVAILABLE

PUPIL FREE WEEK

Mon. 6th April—Thurs. 9th April

AND

VACATION CARE

Open to **all** families.

Please contact OSHC

on 8293 8085

or email

oshc.bfps459@schools.sa.edu.au



BLACK FOREST PRIMARY



School Holidays and Social Distancing

Usually School holidays are filled with trips to Bounce, the movies for the latest kids flick or local playgrounds to catch up with friends or family. Play dates and sleepovers for birthday parties are also other events that have been barred over the last couple of weeks and don't look like being lifted for some time. This holidays we may hear a lot of "I'm bored" and "Not another movie Mum", but due to social distancing rules we know we can't do a whole lot about this, as doing so is the right thing to do by all Australians. But what if we could? What if we could follow the rules and still have a bunch of fun?! After surveying some kids and doing some other research, there is so much that we can do apart from just giving them an iPad or Chromebook!!! To keep the kids from getting bored- you are going to have to put yourself in the kids' shoes and get involved! Channel your inner Bluey's Dad!



Going to the local Oval: (Obviously this isn't exactly what's recommended- but going to the park and doing the following things is exercise!)

- Kick the footy/soccer ball with your kids at the oval- kick to kick, goal kicking challenges etc.
- Make obstacle courses and time your kids! Eg. (around the tree, 10 commando rolls, run backwards etc to avoid contact) Give handicaps for older kids to make it fair! (This can also be done in the backyard!)
- Take a kite on a windy day
- Go on a hunt to find sticks and build a cubby back at home.

Backyard activities:

- Obstacle courses
- Go through your cupboards for foods and spices past their best before date (maybe stick away from perishable items!) and make disgusting potions or do some art/challenges with spaghetti towers and more.
- Do some gardening with your kids for pocket money (win win for everyone!)
- Any kind of sports
- Build a structure/marble tower with old pieces of wood.
- Use household items to do some science experiments in the backyard (YouTube it!)
- Build courses/jumps with books and planks of wood for remote control racing cars- time them!

In house activities:

- Teach them to play card games that we used to play when we were kids.
- Play board games- Introduce new ones that they wouldn't have played before. I recommend a game called "Throw, Throw Burrito!" a great game to play with boys!
- Watching Movies/TV (this might happen a little more often this holidays- but it's the world we live in right now- don't feel bad about it this time around!)
- Building Cubbies/Forts
- Cook with your kids- they can create all kinds of weird biscuits, cupcakes- be creative. Get your older kids involved with cooking dinner- this might hook them in more by giving them responsibility!

- <https://www.hellowonderful.co/post/easy-indoor-activities-for-kids-> a site with some cool indoor activities!



- Ping Pong Ball trickshots! Boys will be entertained for hours trying to get balls into cups, make it hard by saying you have to bounce them twice, over tables, off the walls etc. They could even post these to their friends to challenge them!

Online activities

- Chatting with friends- they will be craving some attention with their friends - as seeing them in person isn't allowed- get them to jump online using Zoom or other programs where they can chat, play music together, or challenge them to do activities! We should be allowing them to do this, but always remember follow the normal digital citizenship rules. It can get out of hand quickly if kids aren't supervised.
- Apps like house party are really cool for us as adults- maybe have a look if it is right for your child and their friends- again- supervise!
- Playing games online with their friends- try not to make this the norm- make it a reward for doing all their chores and limit their time with this as much as you can! (This will be hard with older boys particularly!)
- Nature SA are doing an online webinars to run through some activities they can do in the backyard etc. https://natureplaysa.org.au/events/?mc_cid=a156924a99&mc_eid=052a2ec274
- A lot of organisations who are remaining open are doing things like Nature Play SA- Jump online and see how they might be reaching out...

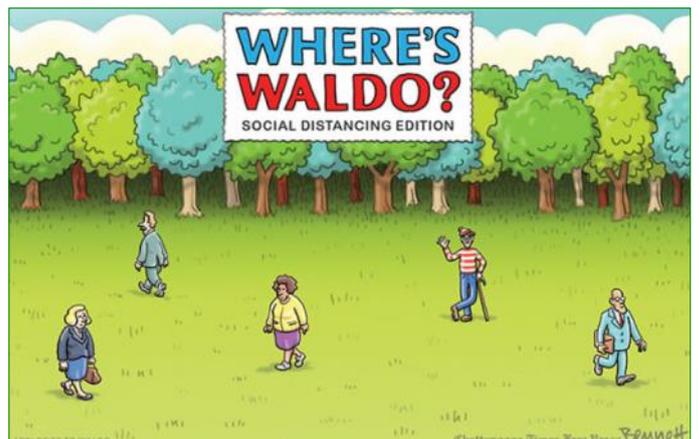
Fitness Activities

This is a perfect time to get you out of procrastination mode. Get the kids moving, make it an everyday thing - and get involved yourself!

- Walking the dog, scooting around the block, going for a bike ride as a family, all easy things to do which kill lots of time!
- The Bear Hunt - There is a FB group around finding bears that kids have put in their windows to share a message of hope. Not a bad thing to do with the little ones.
- At the moment, a personal trainer/teacher from the UK does daily videos called "P.E with Joe". It's 30 mins of exercise every day! This could be a great thing to do with the kids, and to maybe lose a couple of kilos even!
- Celebs like Chris Hemsworth and others are posting daily workouts to keep busy, having this part of your daily routine could be a cool thing!
- Play chasey with your kids, have water pistol fights, challenge your kids to a race - do anything you can think of that they will love doing while they have your attention. These bonds you can make in this time are priceless, where in other times it is otherwise trickier to do.
- Sporting organisations all have these kind of videos- check your favourite sports' website for fun activities like this: https://www.youtube.com/watch?v=27bcWC9_oAw&feature=youtu.be

I know this isn't as easy as it sounds, and all kids aren't going to love all the activities listed. These are just a list of things to get your creative juices flowing! Also - certainly don't deprive them of their screen time entirely (as we need some down time too!!). Doing some of these things will hopefully stop the boredom from being so constant, whilst practising the ultra-important social distancing.

Good luck and have a great holiday break!



Room 17 News/letter

Indigenous artwork

This term, Room 17 has been learning about the different mediums Aboriginal and Torres Strait Islander communities use to create artwork. We focused primarily on rock art. First we explored the symbology used to tell stories. Next we created 'campfire stories' using the symbols. From here, we created our own rock art by copying our campfire stories onto squares of paper using brown pencil. We then tea stained the paper to give it an authentic colour and crinkled it to create a rock like texture.



Kara O'M

People are sitting around a water hole. A person with a spear comes up to them. It starts to rain. People grab their boomerangs and their digging sticks and build a sand hill. They look at the stars in the sky. A dingo comes and leads them to kangaroo tracks.



Oliver L

A man spears a possum. A woman spears a witchetty grub. It starts raining.



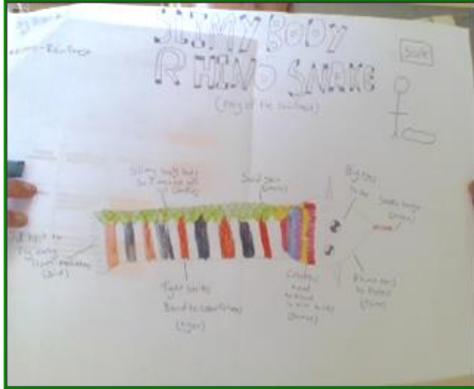
Recycling Program

Every Friday afternoon, room 17 is in charge of collecting, counting and sorting the 10c recyclables. We would like to take this opportunity to congratulate the school on the fantastic effort it has put into the recycling program this year. This time last year, the school did not collect 10c recyclables. In just 9 weeks the school has collected an incredible 2,542 cans, bottles and cartons. Keep up the good work, everyone!

You are doing a fantastic job protecting our environment.



A snapshot of science



In science this term the senior school learned about biomes, animal adaptation and plant adaptations.

We learned about animals' structural adaptations and how they helped them survive in their environment.

We then created a unique animal that lived in our chosen biome, either the



Taiga, Tundra, Rainforest, Grassland, Desert or Deciduous forests. We made an annotated diagram of our created animal and described the adaptations and features to survive in that biome.

We also had to create a diorama of a certain biome. The base of our biome was either a shoebox, nappy boxes and also different cardboard boxes. We used lots of different materials such as animal figurines, paper, pom poms, paint and many more. We had 4 lessons to complete this task and all of them were fun and crafty! Here are some of the biomes:



Hi my name is Claudia G. My biome is the taiga. It is a cold, icy biome and has short summers. To make my biome I used cotton balls, small animal toys, and lots more. My biome is located right under one of the other biome. Tundra is cold like taiga and tundra has long nights and short days.

My name is Erin M and I decided to create the cold and harsh Tundra Biome. The main feature of my diorama was the lake which I made with blue cellophane. Firstly stuck a small cardboard box and stuck it to the bottom of the shoebox. Then I added my animals inside the box. Lastly I stuck a blue piece of cellophane top and the Lake was done!!



My biome is about the tropical rainforest that's filled with colorful plants and lots of interesting animals. Tropical rainforests can be found in South America, Africa, and Southeast Asia.





Hi, I'm Khali A and this is my Taiga biome. It has a deer, grizzly bear and a snowshoe hare. To make the waterfall, I used tape and used hot glue to cover it, and then painted it blue. The mountains are cups covered in paper mache and then painted.

SCIENCE in the MIDDLE SCHOOL

Some of our focus this term was on animal structural and behavioural adaptations. We did a bird beak experiment to learn more about the structural adaptations. To add to our bird migration knowledge, we made birdhouses to help provide more feeding places.

Beth and Annie from Room 16 wrote about their design.

We made bird houses and we tried to make ours as natural as possible and not too crowded or too plain. We added a stick roof and plants from our school garden. We added a wooden butterfly and flower. We decided to make it a light green colour to feel like home to the birds migrating. We liked it because it will be a peaceful and a calm place to the birds and us.

